



E.H Prior & Sons

family butchers and local produce

Est. 1930

HOME DELIVERY BROCHURE 2021

High quality meat,
produce and deli,
delivered to your door

HOME DELIVERY SERVICE 2021

**FREE DELIVERY ON
ORDERS OVER £25**

TO PLACE YOUR ORDER

Call 01485 542589 Mon-Fri by 3pm,
at least two days prior to your
requested delivery day.

Deliveries made on Wednesday & Saturday

King's Lynn, The Wootons, West Winch,
Dersingham, Ingoldisthorpe, Snettisham,
Heacham, Hunstanton, Thornham, Holme,
The Burnhams, Docking, Bircham, Bagthorpe,
Fring, Hillington, Grimston

**Follow us on Facebook for updates,
special offers and new arrivals**

St Nicholas Court, Church Lane, Dersingham, PE31 6GZ
www.ehpriorandsons.co.uk

Prices valid from 1 February 2021 and subject to availability. We reserve the right to change prices from time to time.
Information correct at time of print.

LOCALLY REARED MEAT

Per kg unless stated

Beef

Short Ribs	£7.25
Skirt	£12.75
Braising Steak	£12.25
Brisket	£11.25
Fillet Steak	£43.50
Fillet Tails	£23.50
Fore Rib on the Bone	£18.95
Steak Mince	£9.75
Ribeye Steak	£30.50
Rolled Forerib	£22.00
Rolled Sirloin	£22.95
Rump Steak	£23.00
Shin	£11.50
Sirloin Steak	£30.00
Steak & Kidney	£11.95
Stewing Steak	£11.95
Topside	£13.95
Silverside	£13.95
Rib Eye Steak in Chilli Willi	£30.50

Outdoor Reared Pork

Belly	£8.95
Chinese Spare Ribs	£9.95
Diced Pork	£9.00
Rolled Leg	£9.00
Loin on the Bone	£9.25
Rolled Loin	£11.00
Minced Pork	£9.00
Chops	£9.50
Pork Steaks	£11.95
Tenderloin	£13.50
Rolled Shoulder	£8.50

Lamb

Best End Neck Cutlets	£20.00
Breast	£5.00
Diced Shoulder	£16.60
French Trimmed Rack	£23.00



Chump Chops	£22.00
Leg Steaks	£22.00
Minced Lamb	£11.00
Noisettes with Mint Stuffing	£23.00
Shanks	£13.00
Leg of Lamb	£16.75
Loin Chops	£21.00
Scrag End of Neck	£7.00
Rolled Shoulder	£15.00
Shoulder Bone In	£11.50

Home Made Burgers

Quarter Pound Beef	£1.00 each
Quarter Pound Pork & Apple	£1.00 each
6oz Water Buffalo	£2.10 each
Venison	£1.50 each

Poultry

Whole Roasting Birds	£4.95
Chicken Fillets	£13.95
Breast on Bone	£7.10
Legs	£1.40 each
Drumsticks	50p each
Thighs	99p each
Chicken & Apricot Rolls	£13.00
Parcels with Date & Ginger Stuffing	£2.45 each



Supremes	£12.00
Wings	30p each
Free Range Ducks	£17.50 each
Free Range Duck Breasts	£5.25 each
Free Range Duck Legs	£2.50 each

Home Made Sausages

Traditional Pork	£9.00
Lincolnshire	£9.00
Chipolatas	£10.25
Victorian Sausages	£9.75
Pork & Stilton	£9.75
Welsh Dragon	£9.75
Venison	£10.00
Sausage Meat	£8.50

Liver

Chicken Livers	£1.25 tub
Ox Liver	£5.50
Pigs' Liver	£5.50
Lambs' Liver	£8.50
Calves' Liver	£20.00
Ox Tail	£8.50kg

Game (seasonal)

Pheasant	£4.00 each
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Partridge	£3.00 each
Diced Venison	£13.00
Venison Steaks	£18.50

Gammon & Bacon

Dry Cure Unsmoked Back	£15.00
Dry Cure Smoked Back	£15.50
Smoked Streaky	£13.50
Gammon Joints	£9.50
Gammon Steaks	£11.95

BBQ Meats

Chicken Skewers in Chilli, Ginger & Lime x3	£4.05
Chicken Skewers in Peri Peri x3	£4.05
Beef Skewers in Chilli Willi x3	£5.85
Venison Skewers in Thai Basil, Lemongrass and Coconut x3	£5.85
Spicy Lamb Grillsticks x4	£5.00

4 Person BBQ Packs

4 Burgers (beef or pork)	£14.00
4 Sausages	
4 Pork Steaks (plain or marinated)	
4 Chicken Breast escalopes (plain or marinated)	



HOMEMADE DELI ITEMS

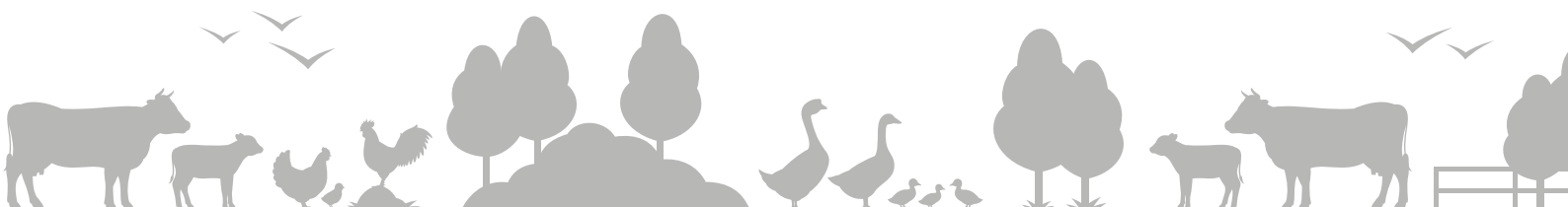
Large Sausage Rolls	£1.55 each
Small Sausage Rolls	75p each
Beef, Potato & Onion Pasties	£1.95
Scotch Eggs	£1.95
Black Pudding Scotch Eggs	£2.25

Bacon, Mushroom & Tomato Quiches

Large	£3.99
Small	£1.85

Goats' Cheese & Red Onion Quiches

Large	£3.99
Small	£1.85



Smoked Salmon & Leek Quiches

Large	£4.30
Small	£1.95

Meat Pies

Family Size	£5.70
Individual	£1.95
Steak & Ale	
Steak & Kidney	
Minced Beef & Onion	
Chicken & Asparagus	

Award Winning Pork Pies

Individual	£1.95
Medium (12oz)	£3.95
1lb	£5.25
1½lbs	£7.90
2lbs	£10.50
3lbs	£15.75
4lbs	£21.00

Home Made Frozen Ready Meals

Lasagne	£3.35
Cottage Pie	£3.20
Shepherd's Pie	£3.30
Beef Casserole	£3.35
Fish Pie	£4.25
Chicken Curry	£3.25
Lamb Meatballs	£3.40
Lamb & Apricot Casserole	£3.50
Liver, Bacon & Onions	£3.25

Home Cooked Meats

Ham	£19.00 kg
Ox Tongue	£21.00 kg
Roast Turkey	£22.50 kg
Roast Beef	£25.00 kg
Corned Beef	£18.00
Haslet	£15.00 kg
Pork Cheese/Pork Brawn	£12.00 kg
Beef Dripping	£1.50 tub



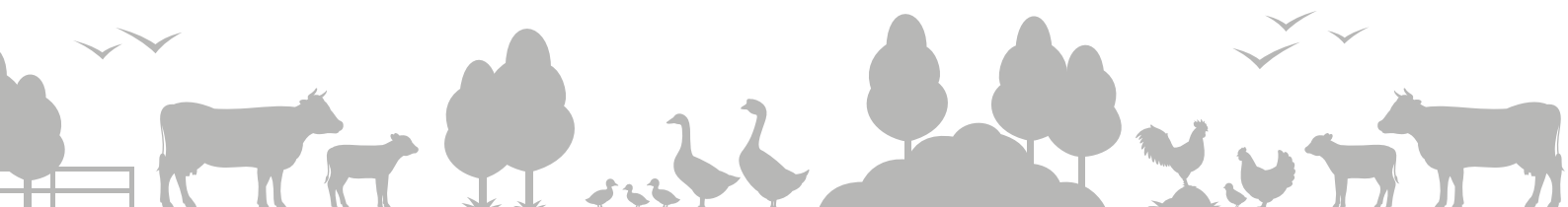
Pork Dripping	£2.00 tub
Fruit Pig Black Pudding	£14.00 kg
Goose Fat	£2.99

Cheese

Lincolnshire Poacher	£22.00 kg
Applewood	£18.00
Black Bomber	£18.00
Cornish Brie	£18.00
Barbers 1833	£16.00
Binham Blue	£20.00
Colsten Basset Stilton	£22.00
Hawes Wenslydale & Cranberry	£21.00
White Stilton & Apricot	£21.00
Tub Ricotta Cheese	£1.25
Tub Mascapone	£1.75
Feta Portions	£2.50
Haloumi Portions	£2.50

Chilled Patés

Duck & Orange	£1.75
Ardennes	
Brussels	
Garlic	





FRESH FRUIT AND VEGETABLES

Prices vary due to market fluctuation
please ask for current prices

Bunches of Carrots
Cabbages
Cauliflower
Leeks
Cup Mushrooms
Flat Mushrooms
Baking Potatoes
Washed Baby Potatoes
Purple Sprouting Broccoli
Carrots
Broccoli
Parsnips
Butternut Squash
Spanish Onions
Sweet Potatoes
Vine Tomatoes
Cherry Vine Tomatoes
Iceberg Lettuce
Red Peppers
Cucumbers
Celeriac
Tenderstem
Red Cabbage

Celery
Little Gem
Spring Onions
Garlic
Shallots
Red Onions
Swede
Brussel Sprouts
Red & Green Grapes
Lemons
Limes
Satsumas
Oranges
Pink Grapefruit
Eating Apples
Bramley Apples
Pears
Bananas
25kg Sack Picasso Potatoes
6.3kg Sack Picasso Potatoes

Fresh Soft Fruit and Asparagus from Sharringtons (price varies through season)

Asparagus
Strawberries
Raspberries
Gooseberries
Blackberries
Blackcurrants

Fairgreen Norfolk Blueberries

PANTRY ESSENTIALS

Fresh Bread from Krusty Loaf

White Oval Baps x2	£1.30
W/Meal Oval Baps x2	£1.30
Multigrain Oval Baps x2	£1.30
White Baps x4	£1.60
Small White Loaf	£1.40
Small W/Meal Loaf	£1.40
Small Multigrain Loaf	£1.40

Large White Loaf	£1.95
Large W/Meal Loaf	£1.95
Large Multigrain Loaf	£1.95
Corn Bread	£2.25
Rye Bread	£1.50
Hot Cross Buns x6	£1.95
Fruit Bun Loaf	£1.35
Iced Fruit Crown	£1.95

Milk & Eggs

Semi Skimmed Pint	70p
Semi Skimmed Litre	£1.25
Semi Skimmed 2 Litres	£1.95
Large Free Range Eggs	£1.65 per 6

Longley Farm Dairy

Extra Rich Double Cream	£1.95
Single Cream	£1.75
Crème Fraiche	£1.25
Full Fat Cream Cheese	£1.75
Reduced Fat Cream Cheese	£1.75
Cottage Cheese	£1.75
Cottage Cheese & Chive	£1.75
Cottage Cheese & Pineapple	£1.75
Greek Yoghurt Large Pot	£2.50

Individual Yoghurts

	65p each
Blueberry	
Strawberry	
Hazelnut	
Blackcurrant	
Raspberry	
Lemon	
Black Cherry	
Mandarin	

Wessex Mill Flour

	£2.25
Plain	
Self-Raising	
Strong White Bread	
Wholemeal Spelt Bread	
Six Seed Bread	

Mixed Grain Bread	
Wholemeal Bread	
Wholemeal Self-Raising	

Dried Yeast 100gms	£1.99
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TEA, COFFEE & SUGAR

Locally Roasted Tropic Coffee	£3.60
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Beans or Medium Ground

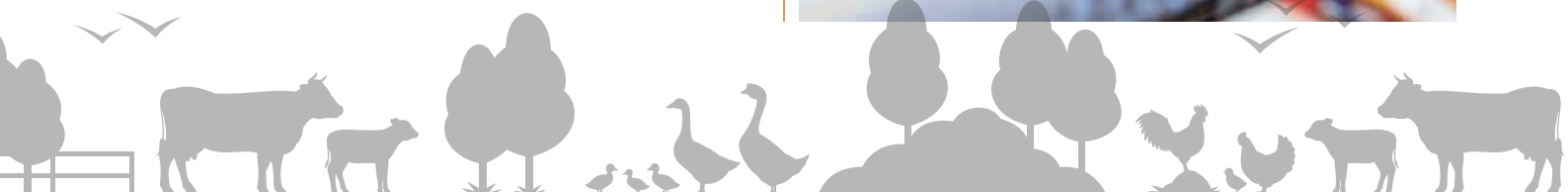
Mocha Brazil	
Ethiopian Mocha	
Colombian Supremo	
Kenya AA	
Indonesian Lintong	
Peruvian Highgrown	
Classic Mild	
Continental	

PG Tips Tea Bags	£2.65
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Nescafé Coffee	£3.40
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Granulated Sugar	£0.99
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La Peruche Brown Cubes	£3.50
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STORE CUPBOARD INGREDIENTS

Geo Watkins Mushroom Ketchup	£3.20
Maldon Sea Salt	£2.35
Virgin Olive Oil	£6.99
Organic Balsamic Vinegar	£5.95

Mutti Tomatoes

Passata	£1.75
Finely Chopped Tomatoes	£1.50
Peeled Tomatoes	£1.50
Double Concentrated Tomato Paste	£2.00

Garofalo Pasta

Fusilli, Penne, Linguine

CONDIMENTS

Stokes

Sticky Pickle	£3.70
Tartare Sauce	£3.50
Tomato Ketchup	£3.00
Burger Relish	£3.60
Brown Sauce	£3.40
BBQ Sauce	£3.40
Bloody Mary Ketchup	£3.30
Cranberry Sauce	£3.55
English Mustard	£3.40
Creamed Horseradish	£4.00
Redcurrant Jelly	£3.60
Mint Sauce	£3.30
Beetroot Relish	£3.70
Bramley Apple Sauce	£3.40
Red Onion Marmalade	£3.70
Real Ale Chutney	£3.85
Mayonnaise	£3.20

Candi's Chutneys

Parsnip & Chilli	£3.99
Spiced Carrot	
Norfolk Knobbly	
Pow Wow Chilli Jam	
The Non Mango Mango Chutney	

Norfolk Crier Onion Marmalade
Brambley Apple & Norfolk Ale

PICKLES

Drivers

All £3.99

Pickled Shallots
Red Cabbage with Apple
Beetroot with Red Onion

Opies

Cornichons & Onions	£2.65
Cocktail Gherkins	£1.75
Pickled Walnuts	£4.95
Cocktail Onions	£1.50
Balsamic Onions	£2.65

SAUCES & STUFFING MIXES

Atkins & Potts

All £3.50

Russian Stroganoff
Tomato & Basil Pasta Sauce
Brandy and Three Peppercorn Sauce
Wild Mushroom & Tarragon Pasta Sauce
Kashmiri Korma
Chicken Stock



Beef Stock
Red Onion Gravy
Classic Chicken Gravy
Beef, Red Wine & Thyme Gravy

Hollandaise Sauce £3.00
Bearnaise Sauce £3.00

Shropshire Spice Company

Stuffing Mixes All £2.50

English Sage & Roast Onion
Parsley, Thyme and Lemon
Bread Sauce Mix

Gordon Rhodes

Gluten Free Stuffing All £2.65

Apple, Apricot & Bay
Roast Chestnut & Spiced Cranberry
Sage & Red Onion
Bread Sauce Mix

Gourmet Gluten Free Sauce Mixes All £2.25

Bish Bash Posh Sausage Cassoulet
Chilled Out Chilli con Carne
No Hurry Chicken Curry
The Pig Easy Pulled Pork
Slow & Steamy Moroccan Style Tagine
Slow & Comfortable Stew
Sticky Beef Brisket Without The Greif

WILKIN & SONS TIPTREE PRESERVES

Marmalades All £3.15

Orange & Lime No Peel
Lemon Fine Cut
Orange & Lemon Medium Cut
Lime Fine Cut
Old Times Orange Fine Cut
Tiptree Orange Medium Cut
Orange & Tangerine Fine Cut
Tawny Orange Thick Cut

Conserves

Apricot
English Apricot
Strawberry
Green Gooseberry
Rhubarb & Ginger
Blackcurrant
Black Cherry
Raspberry Seedless
Morello Cherry
Ginger
Wild Blueberry
Damson Stoneless
Lemon Curd
Lime Curd
Victoria Plum

SOFT DRINKS

Sandringham Apple Juice £3.35

Worcester Pearmain
Laxtons Fortune
Howgate Wonder
Egremont Russett
Cox's
Katy

Crawston Press Juices £3.45

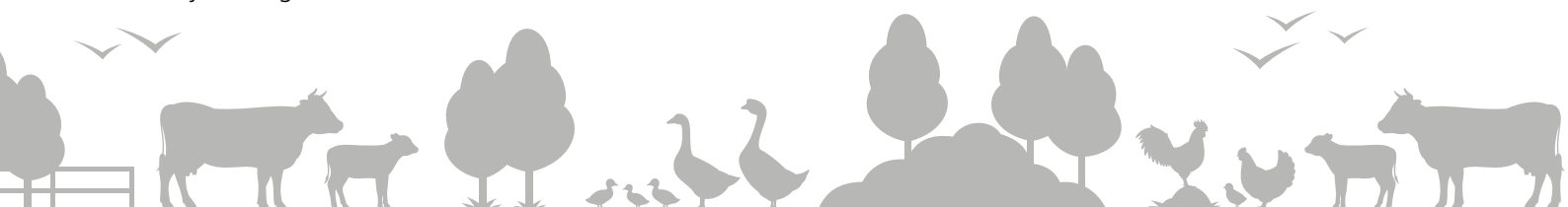
Apple & Rhubarb
Apple & Ginger
Apple & Elderflower

Belvoir Presses £3.45

Cucumber & Mint
Elderflower
Freshly Squeezed Lemon
Raspberry Lemonade
Ginger Beer

San Pellegrino 330ml cans £1.25

Blood Orange, Orange, Lemon
Lemon & Mint, Grapefruit



HOME MADE CAKES & PASTRIES

Victoria Sponge	£4.75
Coffee & Walnut Cake	£4.75
Lemon Sponge	£4.75
Guinness Fruit Cake	£4.75
Lemon Loaf Cake	£3.35

Treacle Tart

Large	£3.95
Small	£1.75

Large Fruit Pies

Apple	
Cherry	
Apple & Raspberry	
Blackcurrant	
Apricot	

Individual Fruit Pies

Apple	£1.75
Cherry	

Individual Chocolate Brownie	£1.35
Individual Flapjack	95p
Individual Shortbread	95p
Macaroon Tarts x4	£3.40

DESSERTS, PASTRIES & BISCUITS

Coles Steamed Puddings (2 x 110gms)	£3.20
Strawberry	
Chocolate	
Raspberry	
Sticky Toffee	
Golden Syrup	
Lemon	
Spotted Dick	

Diforti Italian Pastries

Aragostine or Sicilian Cannoli available in: Hazelnut & Chocolate	£3.75
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White Chocolate

Lemon
Pistachio

Bolero Wafer Rolls

£4.99

Hazelnut & Chocolate
Lemon
Almond
Strawberry
Cappuccino
Vanilla
Chocolate & Orange

Mrs Crimbles

Belgian Chocolate Brownie	£2.60
Bakewell Slices	£2.60
Chocolate Macaroons	£2.50
Coconut Macaroons	£2.40

Real Lancashire Eccles Cakes

£2.40

Border Biscuits

Buttery Sultana Melts	£2.30
Raspberry & White Chocolate	
Oat Crumbles	£2.50
Golden Oat Crumbles	£2.30
Chocolate Crumbles	£2.50
Lemon Drizzle Melts	£2.35
Strawberry Drizzle Melts	£2.30
Old Fashioned Ginger Crunch	£2.30
Butterscotch Crunch	£2.30
Chocolate Viennese Whirls	£2.30
Dark Chocolate Gingers	£2.99
Share Pack	£5.25

Real Norfolk Cake Company

All £3.45

Apple & Walnut Cake
Apple & Date Cake
Apple & Cinnamon Cake
Date & Walnut Cake
Plum Cake
Cider Apple & Date Cake





Cherry & Almond Cake
 Apricot & Raisin Cake

Epicure Cheese Snacks

Assorted Cheese Snacks	£3.45
Cheese Straws	£2.95
Cheese Twists	£2.95

Buitemans Biscuit Bites £2.95

Gruyere
 Cheddar
 Goats Cheese
 Gouda
 Gouda & Chive

Ronaldos Ices
450ml Tubs £4.50

Sorbets
 Lemon
 Norfolk Raspberry

Ice Creams
 Rhubarb & Ginger
 Norfolk Apple Crumble
 Norfolk Strawberry
 Pistachio & Amaretto

Norfolk Blackcurrant Swirl
 Salted Caramel
 Mint Choc Chip
 Vanilla Seed

ALCOHOL

Bottle Conditioned Real Ale 500ml £2.99

Beeston Brewery
 Dry Road IPA
 Worth the Wait
 Magnificent Men
 The Squirrels Nuts
 On the Huh
 Old Stoat Wobbler

Fox Brewery
 Red Ensign
 Grizzly Beer
 Norfolk Strongarm
 Best Bitter
 Nelson's Blood
 Grace & Favour

Annings Fruit Cider £2.99
 Pear & Peach
 Crushed Mixed Berries

Sandringham Cider £2.99
 Red Kite
 Buzzard

Saxbys Original Cider £2.99

Franklin & Sons Mixers £1.00
 Tonic Water
 Natural Light Tonic
 Sicilian Lemon Tonic



Black Shuck Gin	£35.00
Archangel Rhubarb Gin	£35.00
Whatahoot Tawny Orange Gin	£39.99

Grahams 10yo Tawny Port	£28.50
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Lyme Bay Liqueurs	£14.99
Damson	
Blackcurrant Rum	
Elderberry & Port	

White Wines

El Picador Sauvignon Blanc Chile	£12.50
Fabiano Pinot Grigio Italy	£13.95
Aldridge Chardonnay Australia	£13.95
Bascand Estate Sauvignon Blanc New Zealand	£14.50
Muscadet Sevre et Maine France	£14.95
Domaine des Malandes Chablis	£26.50

Rosé Wines

Domaine de Pellehaut France	£15.50
Chateau Montaud Provance France	£17.50
Bauget-Jouette Champagne	£37.50

Red Wines

Crawston Crossing Shiraz South Africa	£6.99
El Picador Cabernet Sauvignon Chile	£12.50
Currabridge Shiraz Australia	£13.50
Villarrica Merlot Chile	£13.95
Les Argelieres Pinot Noir France	£14.50
The Springs Pinot Noir New Zealand	£19.95
Amancaya Argentina	£19.95
Urbina Rioja Spain	£22.50
Haut Cotes de Beaune France	£26.50



**Call 01485 542589
to order today.**

